Strengths Workshops – Winter 2024

**Putting Your Strengths to Work** - Wed Jan 17, 6:00-7:00pm, Online (Zoom)

**Strengths-Based Goal-Setting** - Thurs Jan 25, 12:30-1:30pm, UCC 210

**Intro to Your Strengths** - Tues Jan 30, 12:30-1:30pm, UCC 147AB

**Building a Strengths-Based Team** - Mon Feb 5, 6:00-7:00pm, Weldon Library Community Room

**Strengths in Action: Learning From Failure** - Thurs Feb 29, 12:30-1:30pm, UCC 210

**Intro to Your Strengths** - Wed Mar 6, 4:30-5:30pm, UCC 210

**Strengths 2.0: Career Exploration** - Thurs Mar 14, 12:30-1:30, UCC 147AB

**Strengths and Well-being** - Wed Mar 20, 12:30-1:30, UCC 147AB

Register now at: [connect.uwo.ca](http://connect.uwo.ca)

Access to the CliftonStrengths assessment included with registration